

The Wellington at Arapaho

600 W. Arapaho Rd • Richardson, TX 75080
t 469-330-2800 • f 469-330-2299

www.wellingtonatarapaho.com

April 2014

We Are Here for You Please Let Us Know If You Need Our Assistance

Executive Director Susan S.
Office Manager Beth G.
Marketing Director Sarah B.
A.L. Director Yovonda Q.
Dietary/Housekeeping Mike W.
Maintenance Eddie B.
Activity Director Oly G.
Activity Coordinator Cecilia G.
Transportation James M.
Receptionist Diana M.
Concierges Ruth D.
Daphne M.
Darius P.
Brandon T.
Mon.-Fri. 8:30 a.m.-5:00 p.m.
Sat. 9:00 a.m.-3:00 p.m.
Sun. Closed
Office (469) 330-2800
Fax (469) 330-2299
Driver (469) 964-1752
A. L. (469) 330-0447

To Our New Residents ...

We are so excited that you have chosen
The Wellington at Arapaho
Retirement Community
as your new home.
We welcome you with open arms
and happy hearts.
We understand that change is
never easy
and moving is twice as hard,
but rest assured ... you
have moved to the right place!

Welcome!

Alice L.
Jimmy & Norma M.
Leo O.
Charles & Bonnie V.
Clyde H.



Wishing YOU
your happiest birthday yet,
a birthday too special
to ever forget!

Loreta B.
Barbara S.
Sydelle E.
Jerry H.
Nancye W.
Dorothy S.
Harry H.



Transportation Schedule

Monday: 1 p.m.
Super Stores - Walmart/Target
Tuesday: 9 a.m.-3 p.m.
Medical Appointments
Wednesday: (TBA) Field Trips
Thursday: 9 a.m.-3 p.m.
Medical Appointments
Friday: 9:30 a.m. Hair Appts.
1 p.m. Local Stores





April Events

4 Breakfast Outing
 4 Toney Walsh,
 5 TX Therapy Dogs
 9 Light House
 11 Classical Concert
 Lev Kardonsky
 16 Bluebonnet and Lunch Trip
 18 Dave Washburn,
 19 Easter Celebration Entertainment with TX Star Trio
 Easter Bunny
 Egg Hunts & More!
 23 Resident's Career Day
 24 Darlene Bangles
 24 Novins Repair
 30 Senior Health Updates
 30 GiGi's Plants and Jewelry
 30 Out to Dinner



Charlie and his lovely wife Ann celebrating their 50th wedding anniversary with their two children, Caroline Patricia and Charles II in 1993.

Charlie and Ann were married on Dec. 26, 1943, while Charlie was serving at Hondo, Texas, one of the Air Training command's largest navigational schools of WWII.



In January 1965, Charlie became Manager, of Mission Control Center Operations Activity. In this job, he received much praise and prestige from NASA.

In this photo, Charlie is receiving a "Public Service" award.



Colonel Charles W. Abbitt
 U.S. Air Force, Retired



Even though Charlie is involved in organizing Sunday vespers services and hospital visitations at The Wellington, he still finds time for his guitar.

Whenever he is asked to be part of The Wellington's Resident Talent Show, he is always ready to oblige. Needless to say, the residents always look forward to his performance.

**APRIL SHOWERS BRING
MAY FLOWERS**



**It's ONE ... TWO ... THREE
STRIKES YOUR OUT!**



**UNCLE SAM WANTS YOU!
TAX TIME**



APRIL 15

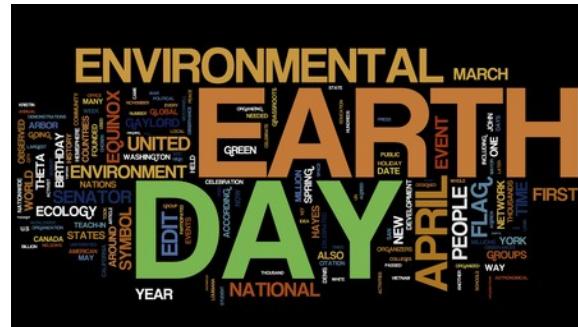
PASSOVER BEGINS APRIL 14



EASTER, APRIL 20



EARTH DAY, APRIL 22



Celebrate the Season

The first day of spring may be
in March,

but April is when it really starts to feel
like winter is over. Take advantage of
the warmer weather and the longer
days by taking a walk, going for a ride,
or just sitting near a window in a ray
of sunshine.



May Events

- 1 WildFlower
- 2 Marty Ruiz, Singer
- 8 Jewelry by Daniel
- 9 Breakfast Outing
- 9 Pre-Mother's Day Afternoon Tea
- Ashley, Harpist
- Champagne Bar
- 14 G. W. Bush Library
- 16 Rosemary Rumbley
- 19 "Singing Saints"
- 20 Town Hall Meeting
- 21 Chocolate Angel
- 22 Darlene Bangles
- 23 Veteran's Tribute
- 26 Memorial Day!
- 28 ReachOut
- 28 Out to Dinner
- 29 Novin's Repair
- 30 Myrna Hunt

April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April.... 1 April Fools' Day 15 Tax Day 18 Good Friday	22 Earth Day 23 Career Day 28 Holocaust Remembrance Day	9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 6:00pm Poker 6:30pm Movie Night	1 10:00am J.R.'s Store 10:00am Exercise 10:30am Kickball 1:00pm Crochet 1:30pm to the Mall 1:30pm Mex. Train 2:30pm Rummikub	2 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 4:00pm \$\$ Bingo 6:00pm Poker	3 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Games 3:00pm Entertainer 4:00pm Happy Hour Yellow/Brown/White	4 11:00am Coffee 1:30pm Games 2:15pm TX Therapy Dogs 4:00pm \$\$ BINGO 6:00pm Poker 6:30pm Movie Night
8:45am Communion Conf-Rm. 9:05am/10:20am- FUMC Van Pickup 4:00pm Vesper Service IL-Rm	6 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Mex. Train 2:30pm Rummikub 4:00pm \$\$ Bingo	7 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 6:00pm Poker 6:30pm Movie Night	8 10:00am Exercise 10:30am Kickball 11:30am Lunch Bunch 1:00pm Crochet 1:30pm Mex. Train 2:30pm Rummikub	9 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 4:00pm \$\$ Bingo 6:00pm Poker	10 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Games 3:00pm Entertainer 4:00pm Happy Hour Yellow/Brown/White	11 11:00am Friends & Coffee 1:30pm Games 4:00pm \$\$ BINGO 6:00pm Poker 6:30pm Movie Night
8:45am Communion Conf-Rm. 9:05am/10:20am- FUMC Van Pickup 4:00pm Vesper Service IL-Rm	13 Passover Begins 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Mex. Train 2:30pm Rummikub 4:00pm \$\$ Bingo	14 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 6:00pm Poker 6:30pm Movie Night	15 10:00am J.R.'s Store 10:00am Exercise 10:30am Kickball 1:00pm Crochet 1:30pm Mex. Train 2:30pm Rummikub	16 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 4:00pm \$\$ Bingo 6:00pm Poker	17 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Games 3:00pm Entertainer 4:00pm Happy Hour Yellow/Brown/White	18 11:00am Friends & Coffee 1:30pm Games 4:00pm \$\$ BINGO 6:00pm Poker 6:30pm Movie Night
Easter 8:45am Communion Conf-Rm. 9:05am/10:20am- FUMC Van Pickup 4:00pm Vesper Service IL-Rm	20 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Mex. Train 2:30pm Rummikub 4:00pm \$\$ Bingo	21 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 6:00pm Poker 6:30pm Movie Night	22 10:00am Exercise 10:30am Kickball 1:00pm Crochet 1:30pm Mex. Train 2:30pm Rummikub 3:00pm Resident's Career Day	23 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 4:00pm \$\$ Bingo 6:00pm Poker	24 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Games 3:00pm Entertainer 4:00pm Happy Hour Yellow/Brown/White	25 11:00am Friends & Coffee 1:30pm Games 4:00pm \$\$ BINGO 6:00pm Poker 6:30pm Movie Night
8:45am Communion Conf-Rm. 9:05am/10:20am- FUMC Van Pickup 4:00pm Vesper Service IL-Rm	27 10:00am Exercise 10:30am Kickball 1:00pm Shopping 1:30pm Mex. Train 2:30pm Rummikub 4:00pm \$\$ Bingo	28 9-3pm Drs. Appts. 10:00am Exercise 12:45pm Reachout 1:45pm Password 3:00pm Trivia 6:00pm Poker 6:30pm Movie Night	29 10:00am Exercise 10:30am Kickball 11:00am ReachOut 1:00pm Crochet 1:30pm Mex. Train 2:30pm Rummikub 5:30pm Dinner Trip	30		